

# Sagarmatha – Mt. Everest Expedition



## TRIP OUTLINE

Sagarmatha – Everest lies on the border of Nepal and Tibet. The south east ridge climb from Nepal, was the route taken by Sir Edmund Hillary and Tenzing Norgay on the first ascent in 1953. The route starts with Khumbu icefall and climbs up to South Col, from where the south east ridge is gained.

<b>Difficulty</b>	Serious high altitude climbing
<b>Duration</b>	65 days ex-Kathmandu
<b>Max Elevation</b>	8,850m

**Best Season**

Spring & Autumn

# ITINERARY



Day	Activity
1-16	We start with an acclimatization trip, flying to Lukla and trekking to Gorak Shep at 5170m. We spend the next several days acclimatizing and preparing in Gorak Shep before returning to Kathmandu on Day 17.
17	On Day 17, we return to Kathmandu for a brief period of rest and preparation.
18-22	We begin the drive to Everest Base Camp (5150m) on Day 18. The journey includes stops at Zhangmu, Nyalam, and Tingri, reaching Everest Base Camp by Day 22.
23-25	Over the next few days, we establish our base camp at Everest Base Camp and prepare for the ascent.
26-32	We spend this period acclimatizing and preparing at base camp, including establishing an advanced base camp at 6380m.
33	Climbing to the summit begins on Day 33.
34-64	We continue with the summit push and return to base camp. By Day 65, we start our drive back to Kathmandu.
65	We complete the drive back to Kathmandu and conclude the expedition.



## INCLUDED IN PACKAGE



- All airport transfers in Nepal
- all accommodation in Nepal
- breakfast in Kathmandu
- sightseeing tour in Kathmandu
- trekking permits, peak fees and National Park entry, porter, Sherpas and guides
- all meals on trek and climb, local staff insurance.
- Group climbing gear such as ropes, snow stakes, protection.
- Group equipment such as stoves, tents, mats, kitchen gear, medical kit, medical oxygen, Gamow bag, satellite phone.



## EXCLUDED IN PACKAGE



- International airfares, visas, transfer fees, departure taxes, excess baggage, tips to trek staff, hotels etc.,
- personal travel insurance, lunch and dinner in KTM
- personal expenses such as gifts, phone calls, laundry and alcohol, personal equipment.



# PAYMENT



After your booking is confirmed, the client is required to deposit an additional 30% of the total amount at least one month prior to arrival, or as agreed upon during prior correspondence. The remaining balance must be paid upon your arrival in Nepal. Payments can be made via cash or credit card. Please note that credit card payments may incur additional charges as levied by the bank. Clients are responsible for ensuring their credit card has sufficient transaction limits. In some cases, cards may not be accepted or may not support the required transaction amount, so it's essential to check with your bank in advance and confirm all necessary details from your country of origin. All bank fees or wire transfer charges for the final payment are the responsibility of the client. We do not impose any additional charges on transferred funds. Please ensure that all payments are made only to the official account details provided by us during correspondence. We are not responsible for any funds lost if deposited into unauthorized or incorrect accounts.



# BANK DETAIL OF TOP HIMALAYA GUIDES



This is an instruction letter for the clients who are going to transfer the amount to Top Himalaya Guides PVT. LTD in Kathmandu, Nepal while booking trip.

## USD - Account details of Top Himalaya Guides Pvt. Ltd.

Account Name	<b>Top Himalaya Guides Pvt. Ltd.</b>
Account Number (USD)	<b>28904390402387</b>
Bank Name	<b>Himalaya Bank</b>
Bic/ Swift code	<b>Himalaya</b>
Address	<b>Kathmandu, Nepal</b>
Tel Phone no	<b>+977-1-4823314</b>
Mobile no	<b>+977-984-1237190</b>
Postal code	<b>44600</b>

## Note

- Top Himalaya Guides will not be held responsible for any errors or changes made by the client to the provided account number during the transfer process.
- Please note that any fees or adjustments during the transfer process will need to be covered by the client.



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